

Arts-Based Practices in Doctoral Research Methodologies

- ⊗ The centre for Research into Education, Creativity, and the Arts through Practice (RECAP), University of Chester, UK
- ⊗ Three doctoral students' work are presented here as examples.
- ⊗ The first is that of an educationalist, Sarah Mistra, who is studying for her EdD and has employed arts-based practices to explore women's experiences of combining working and studying with motherhood.

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Wednesday...

"The challenges of multi-tasking"
(frustration)



The Exhibition

Tuesday...

"The School Run" (Isolation)



The Exhibition

Monday...

"Mummy has to work..." (Guilt)



The Exhibition

It's fascinating to read everyone's comments. I feel guilty often. I should be able to switch off from work(I can't), I shouldn't check in the evenings/weekends (impossible), I should cook from scratch more often, I should have healthy and wholesome recipes on hand and be able to rustle up lovely things from the odds and ends in our fridge. I should hear my daughter read more, help her with her homework more, listen to her more...in fact this applies to my husband too! I strive for a family life that is not in tinsel town and am frustrated when it doesn't meet my expectations. I juggle three different jobs; two proper ones and one for fun. I also have to finish my MA before May OR ELSE! (not sure what, just know it has to be done!) I often wonder if the effort and time it takes to come makes it all worthwhile. I often wonder whether I would be satisfied with not working at all and then I feel guilty that I wonder!

This feeling is daily for me!
It gets less as my children get older. I especially wonder about the role model I set for my daughter as a working mum. There is a contradiction there as you would never say a working dad!

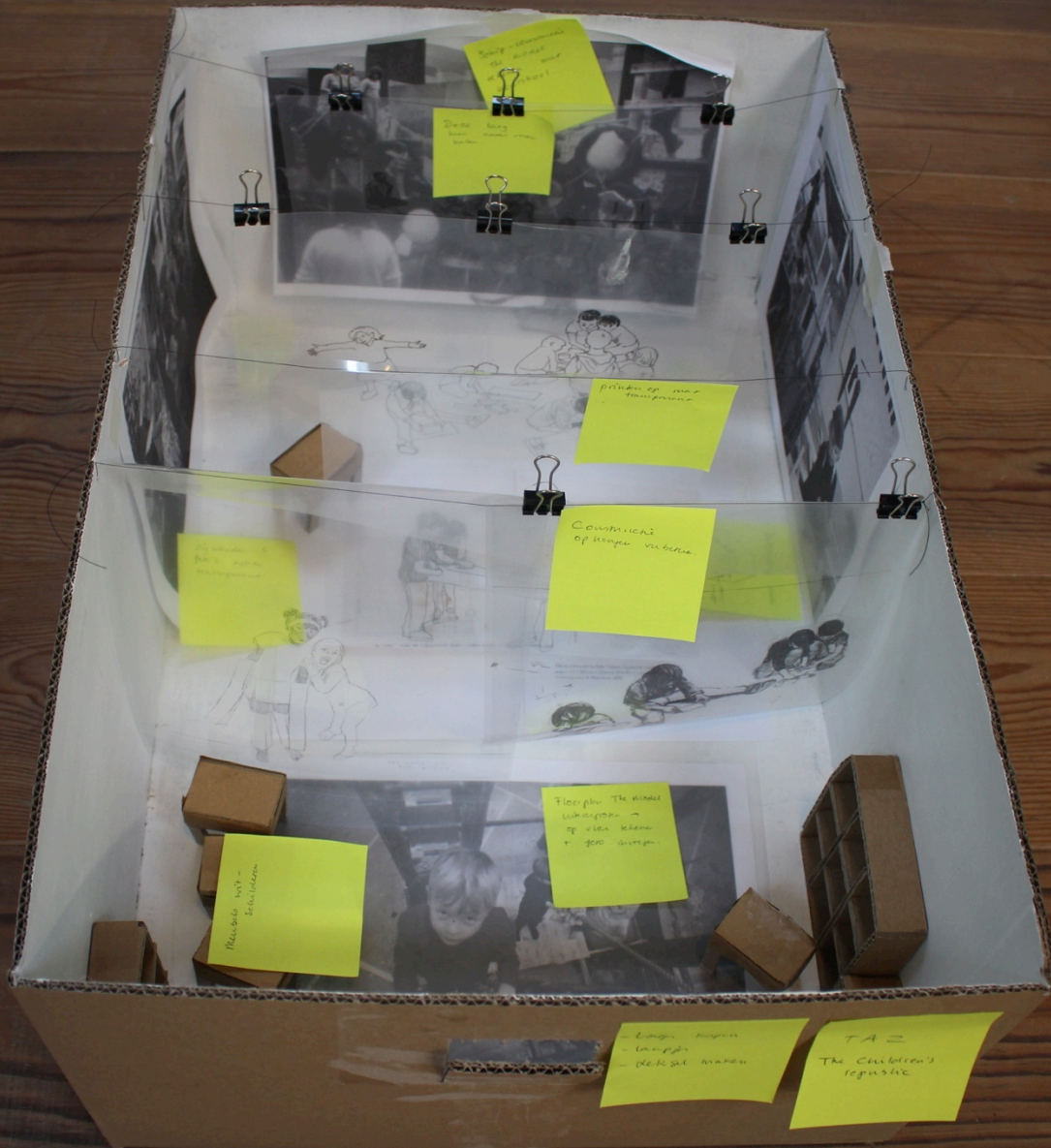
I value the flexibility that academic work allows me to sometimes take my children to school - they are all at secondary now. But on the flipside is that some evenings and weekends are shadowed by my need to do work at home.

On the positive side is we can talk about my research and my husband has recently completed a PhD so I have his support and understanding.

It is my turn now!

Jo

- ④ The second example is the work of a PhD student, Marike Hoekstra, who is a teacher/lecturer in an art school in Amsterdam. Her study includes dioramas relating to her investigations into the pedagogical practices of artist-teachers.



Study - communication
the children's
view

Do the
best
possible
job

Children of their
own generation

Connections
of things visible

For children
to be able
to understand

Flourish - The annual
workshops -
of ideas, ideas
+ good design

Place this into -
Environment

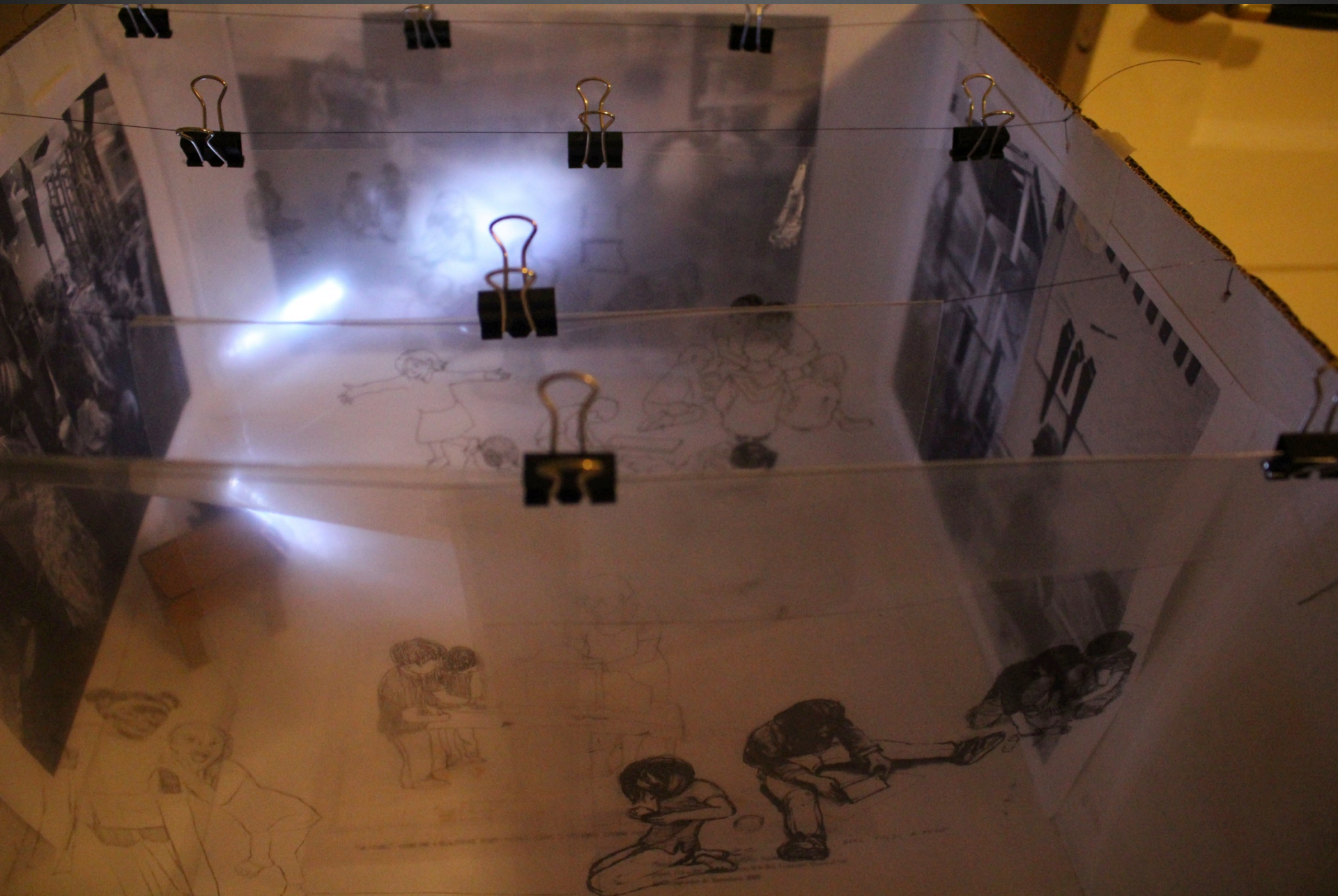
- Large paper
- lamps
- desk set material

T A 2
The children's
registic



GIRL FOLDS A TENT

PRESENTATION
THE ROBOT









- ⦿ The third example is the work of a recently graduated PhD student, Elizabeth Kealy-Morris, an art school graphics lecturer who employed arts based methods in her auto-ethnographic account, through the creation of a series of handcrafted photographic books.

The Artist's Book

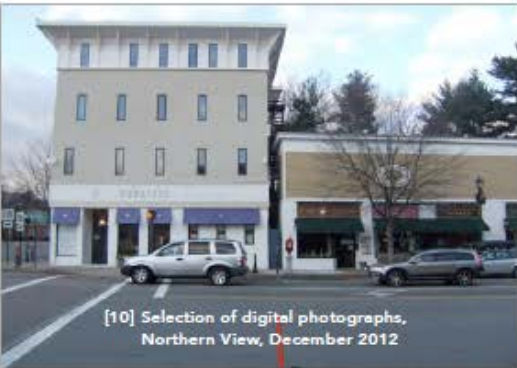
Making as embodied knowledge
of practice & the self

Elizabeth Kealy-Morris



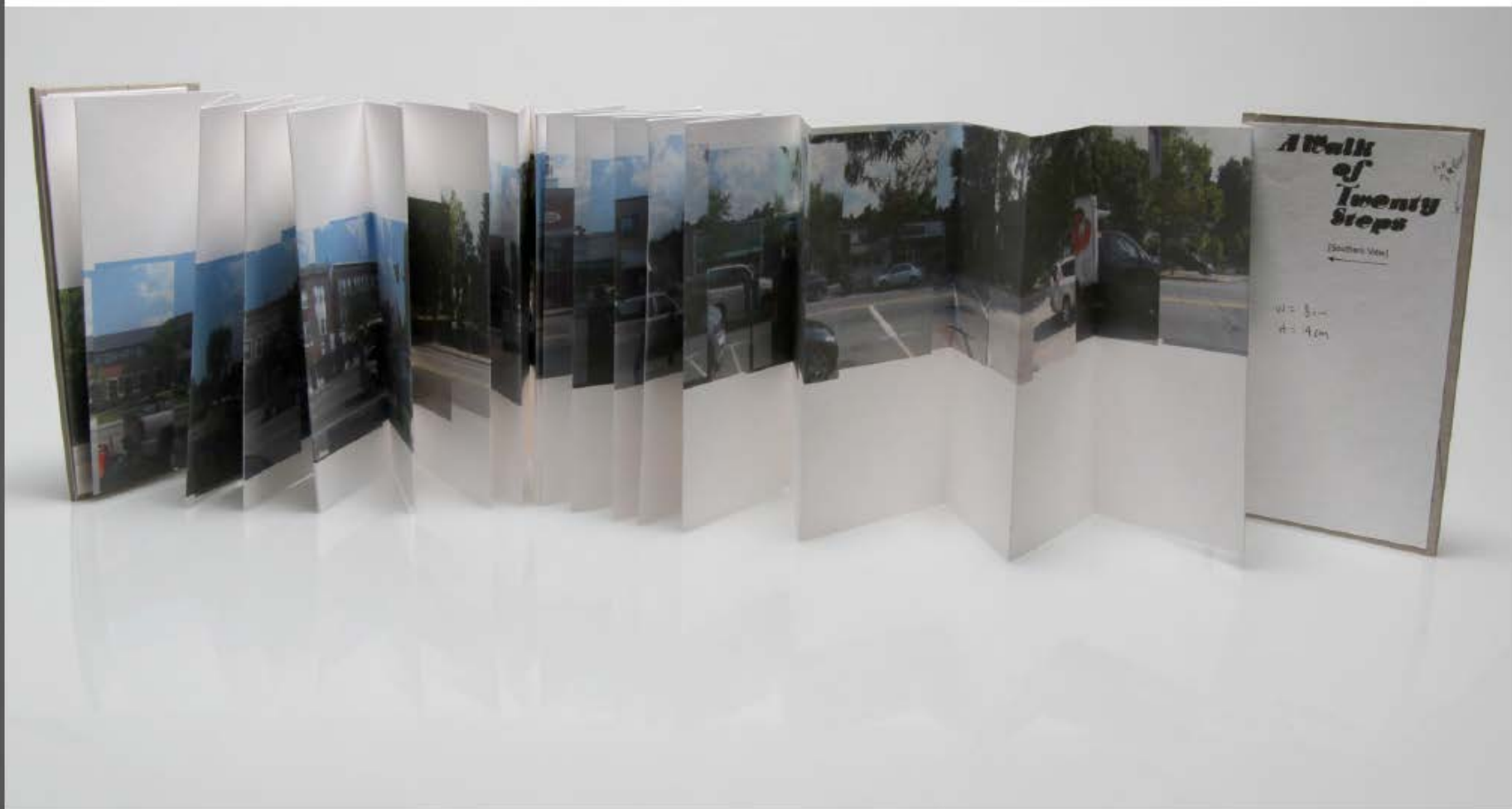


[8] Title page, *A Walk of Twenty Steps*, 2016

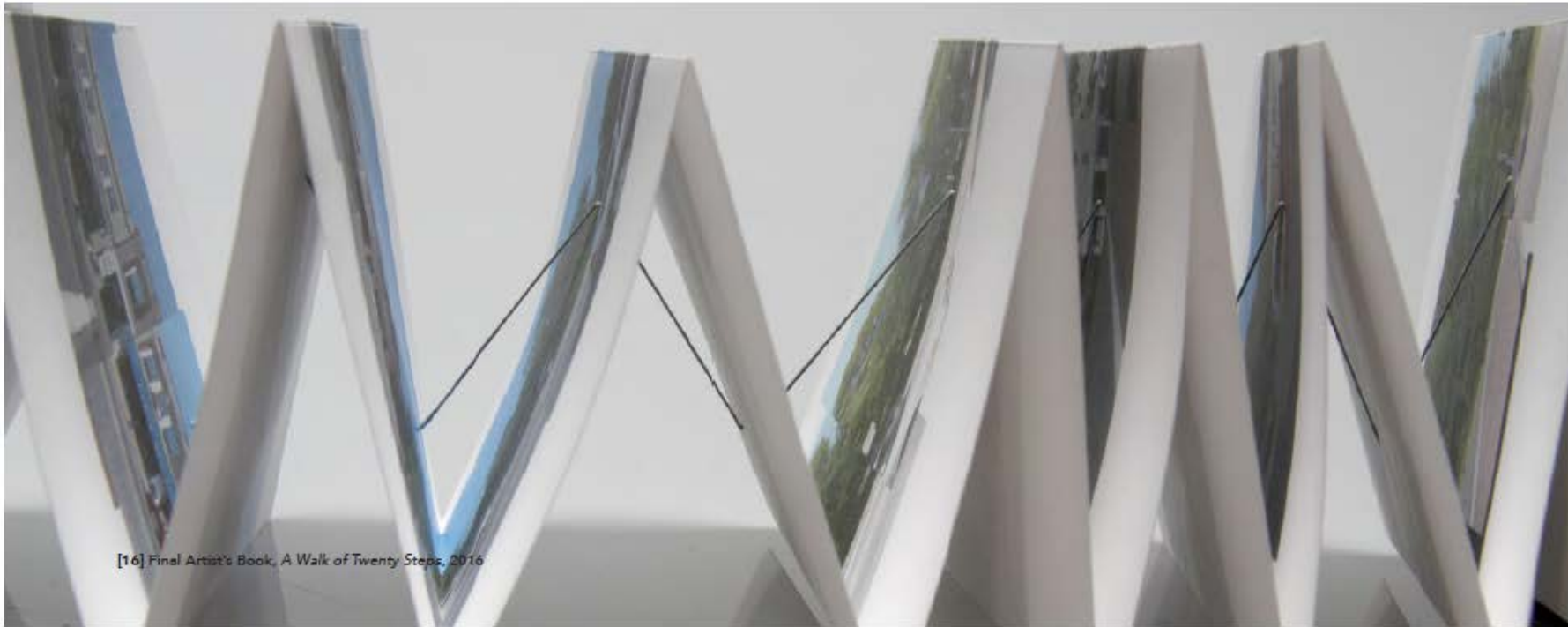


[10] Selection of digital photographs,
Northern View, December 2012





[15] Final Prototypes, A Walk of Twenty Steps, 2016



[16] Final Artist's Book, *A Walk of Twenty Steps*, 2016